

WEEK ONE	Lactose Free Spring/Summer SS22	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	Choice 1	Pork Sausages & Onion Gravy	Creamed Potatoes Broccoli Florets & Carrot Batons	Crispy Fish Finger Wrap	Potato Wedges & Mixed Vegetable Medley	Roast Beef & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Homemade Chicken Curry	Mixed Rice & Lactose Free Flatbread	Crispy Tempura Fish Goujons	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Freshly Baked Baguette filled with Tuna & Mayonnaise	Tortilla Chips & Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection	Pasta Arrabiata (v)	Homemade Garlic Bread & Salad Selection	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection
	Dessert	Seasonal Fruit Crumble & Soya Custard	Fruit Selection Soya Milk	Fruit Jelly & Orange Wedges	Fruit Selection Soya Milk	Iced Fruit Smoothie	Fruit Selection Soya Milk	Shortbread Biscuit & Melon Wedges	Fruit Selection Soya Milk	Chocolate Cookie & Soya Milkshake	Fruit Selection Soya Milk
WEEK TWO		MEAT FREE MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	Choice 1	All Day Brunch (v)	Hash Brown & Baked Beans	Loaded Chilli Beef & Veggie Tortilla Boat	Paprika Potatoes & Crunchy Mixed Salad	Roast Chicken Sage & Onion Stuffing & Gravy	Creamed Potatoes Seasonal Cabbage & Carrot Batons	British Beef Burger & Tomato Ketchup	Potato Wedges Veggie Sticks & Dips	Crispy Battered Fish	Oven Baked Chips or New Potatoes & Mushy Peas
	Choice 2	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection	Freshly Baked Baguette filled with Tuna & Mayonnaise	Paprika Potatoes & Crunchy Mixed Salad	Baked Jacket Potato with a Choice of Fillings	Fruit Selection Soya Milk	Veggie Tomato & Pasta Bake (v)	Homemade Garlic Bread & Broccoli Florets	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection
	Dessert	Chocolate Brownie & Soya Chocolate Sauce	Fruit Selection Soya Milk	Fresh Fruit Medley	Fruit Selection Soya Milk	Fruit Jelly & Melon Wedges	Fruit Selection Soya Milk	Gluten Free Vanilla Cookie & Grapes	Fruit Selection Soya Milk	Iced Fruit Smoothie	Fruit Selection Soya Milk
WEEK THREE		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	Choice 1	Pasta Neapolitan (v)	Homemade Garlic Dough Balls & Salad Selection	Meatball Sub Roll with Tomato Sauce	Tortilla Chips Veggie Sticks & Dips	Roast Pork Sage & Onion Stuffing & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Chinese Style Chicken Curry	Mixed Vegetable Rice	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Crispy Bubble Coated Salmon	Paprika Wedges & Mixed Vegetable Medley	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection	Penne Pasta Arrabiata (v)	Homemade Garlic Bread & Salad Selection	Pork Sausage in a Bun & Tomato Ketchup	Herby Potatoes & Mixed Vegetable Medley	Baked Jacket Potato with a Choice of Fillings	Freshly Prepared Salad Selection
	Dessert	Oaty Biscuit & Apple Slices	Fruit Selection Soya Milk	Gluten Free Lemon Muffin	Fruit Selection Soya Milk	Iced Fruit Smoothie	Fruit Selection Soya Milk	Fruit Jelly & Orange Wedges	Fruit Selection Soya Milk	Gluten Free Chocolate Muffin & Orange Wedges	Fruit Selection Soya Milk