



Buckshaw Primary School

Physical Education Policy

At Buckshaw we aim to prepare our children for their future by raising aspirations and developing resilience within a happy, safe and caring environment.

We believe that learning and engaging in Physical Education helps prepare pupils to participate in a rapidly changing world. Children are given the opportunity to not only acquire and develop their physical skills, knowledge and understanding, but also gain an awareness of the importance of leading a healthy lifestyle. We believe that through the activities we offer children they can develop a love and passion for sport, and by creating and promoting positive sporting role models for the children. In our school PE is taught to all our children as part of our normal school curriculum and daily routine.

We want to embed the school values for all the children. Skills that they will be able access in the future will help them to promote initiative, confidence, teamwork and independent learning and encourage diversity within society.

Aims and Objectives

The aims and objectives of Physical Education in primary school are:

- To develop competence to excel in a broad range of physical activities.
- To be physically active for sustained periods of time.
- To engage in competitive sports and activities.
- To lead healthy, active lives.

Organisation

Early Years Foundation Stage have at least one PE session timetabled each week, along with constant access to opportunities to improve their Physical Development in their daily continuous provision and child led learning.

Key Stage 1 and 2 children have two sessions of PE a week, in order to ensure progression and skills development. The lesson should be at least 1 hour in duration. All children from KS1 and KS2 also have 15 minutes every day where they complete

their Active Mile. Extra-curricular clubs and activities are also available for the children from Monday to Thursday between 3.20 and 4.15pm.

The Curriculum

Our curriculum is designed on the guidance given in the revised National Curriculum and the Lancashire Progression of Skills document using PE Passport scheme of work as a basis.

The children are taught to know and understand how to:

- Warms up prior to exercise and able to sustain performance over periods of time.
- Have a sense of anticipation; can find space and is aware of others.
- Demonstrates agility, balance, coordination, and precision.
- Performs with control and poise.
- How to work alongside and against others when attacking and defending
- Link skills to perform actions and sequences of movement.

Swimming lessons are compulsory for all children in Key Stage 2. Lessons are provided by external coaches, alongside class teachers. Any child who is unable to swim 25m by the end of year 4 will continue to receive extra swimming lessons until they can meet the criteria.

During PE-lessons, children are given the opportunity to work as a class, as part of a group and as individuals. The choice of class organisation is determined by the learning task. By its nature PE will involve lots of interaction with visual, auditory and kinaesthetic prompts and equipment.

Extra-Curricular

Our school provides a range of PE-related activities for both KS1 and KS2 children at the end of the school day. These activities are led by different members of school staff. All activities on offer encourage children to further develop their skills in a range of the activity areas. The school also competes in regular fixtures against other local schools organised by Chorley School Sports Partnership and School Games. This introduces a competitive element to team games and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and cooperation amongst our children. Participation and success' are celebrated in assemblies, our whole school Sport display board, Class Dojo and our school website.

Resources

Additional resources are stored in the PE store cupboard, PE passport and subject Leaders room. These include videos, extra guidance, sports equipment and music.

Playtime resources are stored in the Outdoor store. These include a range of sports equipment, challenge card ideas as well as other physical apparatus around the school grounds.

Health and Safety

Children should only refrain from physical activity during PE lessons on health grounds, if their parents/carers request this, by direct contact with the school. However, they may be included in a different role during the lesson such as an evaluator, scorer, coach etc.

We encourage the children to always consider their own safety and the safety of others. To minimise risk or injury:

- Children should dress appropriately in a PE kit including shorts/tracksuit bottoms and a t-shirt (adhering to school dress code policy).
- Children should wear appropriate footwear – trainers for indoor/outdoor PE and bare feet for gymnastics and dance.
- No jewellery to be worn in PE. Earrings must be removed.
- Long hair should be tied back.
- Children will be trained to lift and carry apparatus sensibly under adult supervision, which will be checked by an adult for safety before use.
- Any damage to PE equipment must be reported to the PE coordinator as soon as possible.

Inclusion

All pupils are given every opportunity to take part in Physical Education lessons and sport through extra-curricular activities, Active Mile daily and cross curricular outdoor learning. The school promotes equal opportunities and fairness of distribution of PE and sport resources.

Assessment, Recording and Reporting

Most assessment is formative and is used to support teaching and learning and inform future planning. The teacher assesses the children's progress in the PE based on their achievement of the learning objectives in lessons. Assessment is carried out every half term using PE Passport. Summative assessment is used to evaluate the children's learning at the end of a teaching unit by assessing their individual progress against the objectives of the unit.

Monitoring

Monitoring is carried out by the subject leader in the following ways:

- Staff, pupil's and parent voice
- Foundation Stage Five FMS for Under Fives
- KS1 FMS assessment
- Sampling class video and photographic evidence through PE Passport
- Lesson drop-ins
- Sports Council Meetings once every half term.

PE and School Sports Premium Funding

PE and School Sports Premium funding is used in a number of areas relating to PE and sport at Buckshaw Primary School. A breakdown of the funding can be viewed on the School website.

Legislation and Guidance

This policy reflects the requirements of the [National Curriculum programmes of study](#) for PE, which all maintained schools in England must teach.

It also reflects requirements for inclusion and equality as set out in the [Special Educational Needs and Disability Code of Practice 2014](#) and [Equality Act 2010](#), and refers to curriculum-related expectations of governing boards set out in the Department for Education's [Governance Handbook](#).

In addition, this policy acknowledges the requirements for promoting the learning and development of children set out in the [Early Years Foundation Stage \(EYFS\) statutory framework](#) and the Lancashire FS FMS for Under 5's document & the Lancashire KS1 Ten FMS document.