



## BUCKSHAW PRIMARY ECO TEAM

Our Eco Team have been busy researching how we can all enjoy a more sustainable Christmas. They would like to share their favourite ideas with you!

### Decorations

- **Make your own decorations from recycled materials such as old Christmas cards or paper. Alternatively use natural resources such as evergreen leaves, wood that has been sustainably sourced.**
- **Look for 'preloved' decorations. This can also apply to clothing!**
- **Buy a living Christmas tree that can be planted after use.**
- **Use LED Christmas lights - they use 80% less energy than other lights.**
- **Make your own Christmas crackers using recycled paper and card. Add sweets or other gifts inside and avoid plastic!**

### Gifts

- **Shop locally.**
- **Make handmade cards and gifts.**
- **Buy a gift that lasts.**
- **Use recycled or eco friendly wrapping, boxes and bags.**
- **Use rechargeable batteries for toys and lights.**

### Food & drink

- **Use ethically grown or produced food and drink wherever you can, eg Fairtrade foods.**
- **Reduce food waste and freeze leftover food where possible.**
- **Buy seasonal fruit and vegetables.**
- **Go 'meat free' one day each week.**

*Merry Christmas!*